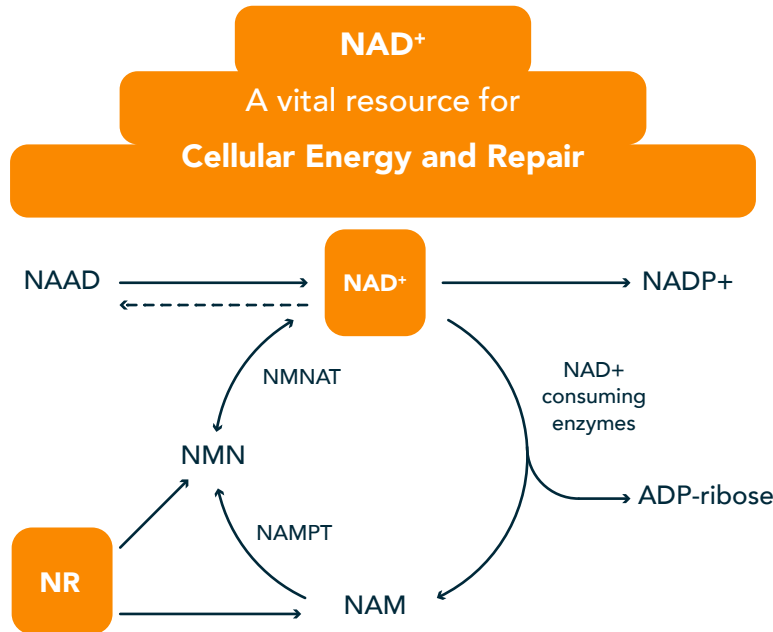


Younger Than Before

Contains 300 mg Nicotinamide Riboside (NR)

A Next-generation Vitamin B3 with a Unique Metabolism

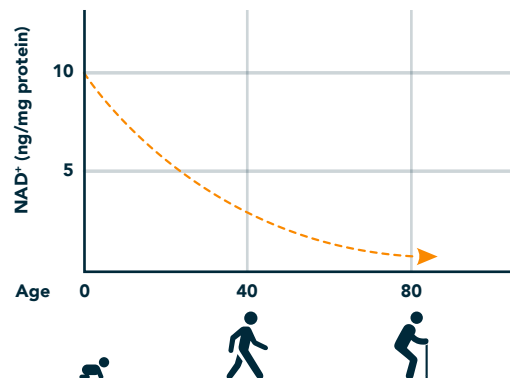
NR increases NAD<sup>+</sup> (nicotinamide adenine dinucleotide) far more efficiently than other forms of vitamin B3, nicotinamide, and nicotinic acid. <sup>1,2</sup>



**NAM:** nicotinamide    **NAAD:** nicotinic acid adenine dinucleotide    **NADP:** nicotinamide adenine dinucleotide phosphate  
**NMNAT:** nicotinamide mononucleotide adenytransferase    **NMN:** nicotinamide mononucleotide    **NAMPT:** nicotinamide phosphoribosyltransferase

NAD<sup>+</sup> declines with aging and metabolic stress <sup>3</sup>

NAD<sup>+</sup> declines up to 50% between ages 40-60



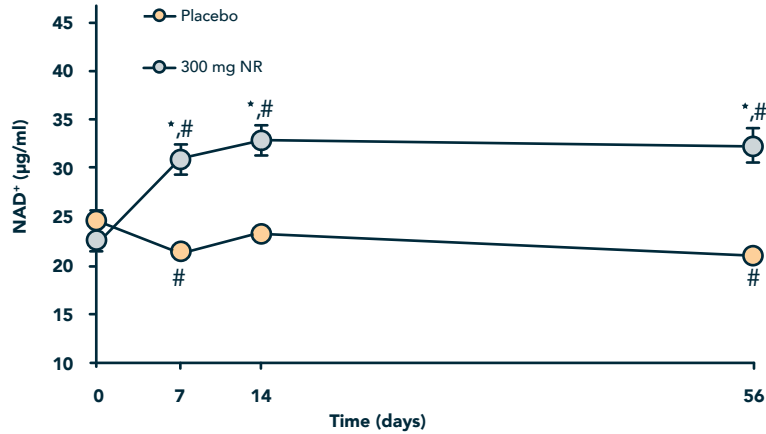
References:

- 1- Trammell S.A., et al. Nicotinamide riboside is uniquely and orally bioavailable in mice and humans. Nature Communications , 2016.
- 2- Martens CR, et al. Chronic nicotinamide riboside supplementation is well-tolerated and elevates NAD<sup>+</sup> in healthy middle-aged and older adults. Nature Communications , 2018.
- 3- Massudi H, et al. Age-associated changes in oxidative stress and NAD<sup>+</sup> metabolism in human tissue. Plos One, 2012.

## Younger Than Before

In an 8-week randomized, double-blind, placebo-controlled clinical trial on healthy 40-60 years of age men and women: <sup>1</sup>

- **300 mg NR** significantly increased whole blood NAD<sup>+</sup> up to **51%** within 2 weeks.
- There were **no serious adverse events** or reports of **flushing**.



# p-value<0.05 relative to baseline, \* p-value<0.05 relative to placebo

**NAD<sup>+</sup> promotes  
Healthy Aging and Longevity.<sup>2</sup>**

### Benefits of NAD<sup>+</sup> for the skin:

- Prevention of skin aging:
  - ✓ Increase of collagen synthesis <sup>3</sup>
  - ✓ Decrease of transepidermal water loss (TEWL) <sup>4</sup>
  - ✓ Protection against skin photo-aging and cancer <sup>5,6</sup>
- Inhibition of the pigmentation process due to its antioxidant effect <sup>3</sup>
- Treatment of acne due to its anti-inflammatory properties <sup>7</sup>

**US Federal Food, Drug, and Cosmetic Act:  
Oral NR is Generally Recognized as Safe (GRAS) <sup>8</sup>**

#### References:

- 1- Conze, D, et al. Safety and metabolism of long-term administration of NIAGEN (nicotinamide riboside chloride) in a randomized, double-blind, placebo-controlled clinical trial of healthy overweight adults. Scientific Reports, 2019.
- 2- Keisuke Yaku, et al. NAD metabolism: Implications in aging and longevity. Ageing Research Reviews, 2018.
- 3- Boo YC, et al. Mechanistic basis and clinical evidence for the applications of nicotinamide (niacinamide) to control skin aging and pigmentation. Antioxidants, 2021.
- 4- Chen AC, et al. Oral nicotinamide reduces transepidermal water loss: a randomized controlled trial. British Journal of Dermatology, 2016.
- 5- Philips, N, et al. Stimulation of the fibrillar collagen and heat shock proteins by nicotinamide or its derivatives in non-irradiated or UVA radiated fibroblasts, and direct anti-oxidant activity of nicotinamide derivatives. Cosmetics, 2015.
- 6- Fania L, et al. Role of nicotinamide in genomic stability and skin cancer chemoprevention. International Journal of Molecular Sciences, 2019.
- 7- Walocko FM, et al. The role of nicotinamide in acne treatment. Dermatologic Therapy, 2017.
- 8- www.fda.gov/files/food/published/GRAS-Notice-000635--Nicotinamide-ribose-chloride.pdf.