

CATEGORY

Nutritional supplement

HOW TO USE

One tablet daily with meal

WHEN TO USE

Any time of the day

INDICATIONS



Preventing and treating hair loss



Promoting skin and nail structure



Improvement of hair, skin and nail conditions due to malnutrition



Improving general health

Some Key Ingredients

Biotin

- Biotin is an essential vitamin that helps with the production of keratin.
- Deficiency of biotin can lead to hair loss.

Methionine & Cystine

- Methionine and Cysteine are important for the synthesis of hair proteins such as keratin.
- They help to produce natural antioxidants such as glutathione.

Zinc

- Zinc helps with the production of keratin.
- It accelerates hair follicle recovery.

Vitamin D

- Most studies show an inverse relationship between serum vitamin D levels and alopecia.

SUPPLEMENT FACTS

	Amount per serving	% Daily value
L-Methionine	250 mg	*
L-Cysteine	50 mg	*
Zinc (as oxide)	15 mg	136
Folic acid	1 mg	417
Copper (as gluconate)	1 mg	111
Selenium	0.05 mg	91
Biotin	0.25 mg	833
Vitamin D3	1000 IU	125
Vitamin B5	9 mg	180
Vitamin B6	2 mg	117
Vitamin E	8.33 IU	50

Serving Size: 1 tablet

Serving Per Container: 60

*Daily value not established.

PACKAGING



60 extended-release tablets per container



References

- FolicoGen Label, Arvand Pharmed company.
- Farmacia L, Hair Therapy & Transplantation, 2020.
- Patel DP, Swink SM, Castelo-Soccio L. A Review of the Use of Biotin for Hair Loss. Skin Appendage Disord. 2017 Aug;169-166;(3)3. doi: 000462981/10.1159. Epub 2017 Apr 27. PMID: 28879195; PMCID: PMC5582478.
- Saini K, Mysore V. Role of vitamin D in hair loss: A short review. J Cosmet Dermatol. 2021 Nov;3414-3407:(11)20. doi: 10.1111/jocd.14421. Epub 2021 Sep 22. PMID: 34553483.
- Daulatabad D, Singal A, Grover C, Chhillar N. Prospective Analytical Controlled Study Evaluating Serum Biotin, Vitamin B12, and Folic Acid in Patients with Premature Canities. Int J Trichology. 2017 Jan-Mar;24-19:(1)9. doi: 10.4103/ijt.ijt_16_79. PMID: 28761260; PMCID: PMC5514791.
- Upton, James H., et al. "Oxidative stress-associated senescence in dermal papilla cells of men with androgenetic alopecia." Journal of Investigative Dermatology 1252-1244 (2015) 135.5.
- Kaiser, Michael, et al. "Treatment of androgenetic alopecia: current guidance and unmet needs." Clinical, Cosmetic and Investigational Dermatology (2023): 1406-1387.
- Rajendrasingh Rajput (2018) A Scientific Hypothesis on the Role of Nutritional Supplements for Effective Management of Hair Loss and Promoting Hair Regrowth. J Nutrition Health Food Sci 11-1 (3)6
- Sato, Joyce, et al. "Study of keratin hair of domestic cat under methionine and cystine experimental diet using FT-Raman spectroscopy." Vibrational Spectroscopy 5-1 (2019) 100.