

Category

Prenatal Supplement

How to Use

One Softgel Twice Daily
with Meal

When to Use

In the Morning
Evening &

Indications

- Provides essential vitamins and minerals for the mother and fetus.
- Boosts immunity in both mother and fetus.
- Reduces pregnancy-induced nausea.
- Supports healthy fetal brain and eye development.



Key Ingredients

Fe

Iron deficiency is associated with:¹

- Low birth weight
- Prematurity
- Intrauterine growth restriction



OMEGA-3

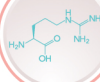
Omega-3 fatty acids reduce the risk of: ⁴⁻⁷

- Preterm labor
- Low birth weight
- Preeclampsia

FOLIC ACID

Folate deficiency is associated with:³

- Neural Tube Defects (NTDs)
- Cleft lip/palate
- Congenital heart anomalies



L-arginine reduces the incidence of:⁹

- Preeclampsia
- Uterine contractions
- Low birth weight

Multiple-micronutrient supplements in pregnancy appeared to reduce rates of **low birth weight, Small for Gestational Age (SGA)**, and possibly **preterm birth** compared with iron supplementation with/without folic acid.⁸

SUPPLEMENT FACTS

Ingredients	Amount per serving	%Daily value	Ingredients	Amount per serving	%Daily value
Vitamin C	80 mg	88	Magnesium Oxide	100 mg	24
Vitamin E	30 IU	90	Iodine	0.15 mg	100
Vitamin D3	600 IU	75	Iron (as Ferrous Fumarate)	18 mg	100
Vitamin B1	5 mg	416	Copper Gluconate	2 mg	222
Vitamin B2	2 mg	153	Calcium Carbonate	250 mg	19
Vitamin B6	12 mg	705	Manganese Gluconate	2 mg	87
Vitamin B12	0.009 mg	375	Chromium	0.05 mg	142
Folic acid	0.4 mg	167	Vitamin K	0.05 mg	42
Selenium (as Sodium Selenite)	0.05 mg	91	Inositol	100 mg	*
Zinc Oxide	15 mg	136	L-Arginine	100 mg	*
Niacin	20 mg	125	Pantothenic acid	10 mg	200
Biotin	0.15 mg	500	N-Acetyl-L-Cysteine	50 mg	*
EPA	15 mg	*	Molybdenum	0.05 mg	111
DHA	200 mg	*	Vitamin A (Beta-Carotene)	2500 IU	83

* Daily value not established

Serving Size

2 Softgels

References



PACKAGING
60 Softgels per Container