

Category

Dietary Supplement

How to Use

One Softgel Capsule Daily

When to Use

Any time of the day

Indications



Improving **general health**



Increasing **concentration** and **memory**



Increasing **energy**



Improving the function of the **immune system**

Mechanism

Provides **Ginseng, DMAE, Lecithin, Rutin**, as well as different **vitamins and minerals** to improve **physical and mental fatigue, concentration and memory**, and **immune system** function.

Panax Ginseng



Reducing fatigue and **improving memory**, mainly through:^{1,2}
Antioxidant activity
Neuroprotection effects
Boosting **Immune System**³

Dimethyl aminoethanol Bitartrate



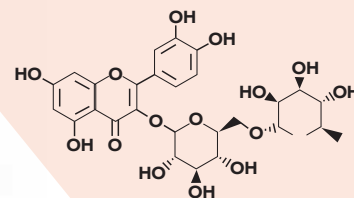
Enhancing **learning, memory, and mood**⁴

Soybean Lecithin



Enhancing athletic **performance**⁵
Alleviating **anxiety**⁶
Reducing inflammation⁶
Preventing the onset of dementia⁷

Rutin



Prevention of neuroinflammation⁵
Anti-Alzheimer activity
Anti-depressant effects
Anti-fatigue properties⁸

SUPPLEMENT FACTS		
Serving Size: 1 Softgel Capsule		Serving Per Container: 30
Ingredients	Amount per serving	%Daily value
Panax Ginseng Extract	40 mg	*
Dimethylaminoethanol bitartrate	26 mg	*
Vitamin A	4000 IU	133
Thiamin (as HCl)	2 mg	167
Riboflavin	2 mg	154
Vitamin B6 (as HCl)	1 mg	59
Vitamin B12	0.001 mg	42
Vitamin C	60 mg	67
Vitamin D3	400 IU	50
Vitamin E	10 IU	50
Vitamin B3	15 mg	94
Pantothenic acid	9.2 mg	58
Rutin	20 mg	*
Iron (as fumarate)	10 mg	56
Calcium (as Phosphate)	90.3 mg	7
Phosphorus	70 mg	6
Fluorine	0.2 mg	*
Copper (as gluconate)	1 mg	111
Potassium (as chloride)	8 mg	0.2
Manganese (as gluconate)	1 mg	43
Magnesium (as oxide)	10 mg	2
Zinc (as oxide)	1 mg	9
Soybean lecithin	66 mg	*

Daily value not established*

Packaging

30 Softgel Capsules Per Container

References

