

Ellefora[®]

Category

Hair, Skin & Nails
Supplement

How to Use

One Softgel Daily
with Meal

When to Use

Any time of the day

Indications

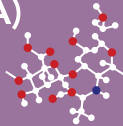
- Providing essential vitamins and nutrients for healthy skin, hair, and nails
- Enhancing skin radiance and reducing wrinkles
- Preventing hair loss, boosting elasticity, and slowing graying
- Promoting healthy nail growth and reducing brittleness



Ingredients

Hyaluronic Acid (HA)

HA significantly promotes skin hydration among both young and elderly people.



Biotin

Biotin deficiency may present as alopecia, brittle nails, and dermatitis. Supplementation can help prevent hair loss and support healthy skin and nails.



Hydrolyzed Collagen (HC)

Effective in improving skin hydration and elasticity, promoting hair thickness and growth, increasing nail growth, and helping treat Brittle Nail Syndrome



Horsetail

Effective in promoting hair growth due to its high concentration of silicon



PABA

Helping to prevent hair graying and restore pigment in individuals with gray hair



Ellefora®



Serving Size

1 Softgel

Packaging

60 Softgels per Container

References



Supplement Facts

Ingredients	Amount per Serving	% Daily Value
Vitamin A	2584 IU	86
Vitamin B1	3.4 mg	283
Vitamin B2	6 mg	462
Vitamin B3	25 mg	156
Vitamin B5	0.4 mg	8
Vitamin B6	5 mg	294
Biotin	5 mg	16667
Folic Acid	0.2 mg	83
Vitamin B12	0.008 mg	333
Vitamin C	60 mg	67
Vitamin D3	800 IU	100
Vitamin E	20 IU	60
Iron (as ferrous fumarate)	3 mg	17
Zinc (as zinc oxide)	15 mg	136
Manganese (as manganese gluconate)	5 mg	217
Selenium (as sodium selenite)	0.012 mg	22
PABA (Para-Aminobenzoic Acid)	10 mg	*
Choline (as choline bitartrate)	4 mg	1
Alpha Lipoic Acid	10 mg	*
Hydrolyzed Collagen	50 mg	*
Hyaluronic Acid	30 mg	*
Horsetail	3 mg	*
L-Cystine	50 mg	*
L-Methionine	250 mg	*
Argan Oil	25 mg	*

* Daily value not established.