

Category

Multivitamin and mineral supplement for CKD*

How to Use

One tablet daily with meal

When to Use

Any time of the day

Indications

- Supporting health in patients with CKD
- Providing the necessary nutrients for the kidney to function optimally
- Maintaining bone and heart health
- Contributing to the formation of red blood cells
- Reducing fatigue and increasing energy levels

Kidney Disease Outcomes Quality Initiative (KDOQI 2020) Clinical Practice Guideline for Nutrition in CKD:

VITAMIN B

It is suggested to prescribe folate, vitamin B12, or B complex supplement to correct for folate or vitamin B12 deficiency/insufficiency based on clinical signs and symptoms.

VITAMIN C

It is reasonable to consider vitamin C supplementation to meet the recommended intake of at least 90 mg/day for men and 75 mg/day for women.

VITAMIN D

It is suggested to prescribe vitamin D supplementation in the form of cholecalciferol or ergocalciferol to correct 25-hydroxyvitamin D deficiency/insufficiency.

Supplement Facts

Ingredients	Amount per Serving	% Daily Value
Vitamin C	60 mg	67
Vitamin D3	1000 IU	125
Vitamin B1	1.5 mg	125
Vitamin B2	2 mg	154
Vitamin B3	20 mg	125
Vitamin B5	5 mg	100
Vitamin B6	10 mg	588
Vitamin B12	2.4 mcg	100
Folic Acid	800 mcg	333
Biotin	30 mcg	100
Iron (as ferrous fumarate)	8 mg	44
Zinc (as zinc oxide)	8 mg	73
Selenium (as sodium selenate)	55 mcg	100
Copper (as copper gluconate)	0.9 mg	100



Serving Size

One Tablet

Packaging

60 Tablets per Container



No Phosphorus



No Potassium

References



Code: 120655



Code: 87041

