

Category	How to Use	When to Use
Lactation supplement	Two tablets daily with meal	In the morning and evening

Indications

Provides micronutrients for mothers & infants
Increases milk supply
Increases energy & metabolism
Supports postpartum mood changes
Boosts immune function in mothers & infants



Benefits of Breastfeeding

- ✓ Helping to protect infants against certain diseases (e.g., asthma)
- ✓ Boosting the immune system in infants
- ✓ Reducing the mother's risk of breast and ovarian cancer
- ✓ Reducing the infant's risk of diarrhea and vomiting

Herbal Galactagogues



Fenugreek Seed Extract

Containing mucilage, quercetin, luteolin, genistein, etc.

Mechanisms of action:

- Increasing insulin secretion
- Increasing prolactin secretion
- Increasing oxytocin secretion



Milk Thistle Seed Extract

Containing a high amount of silymarin.

Mechanisms of action:

- Antioxidant
- Anti-inflammatory
- Increasing prolactin levels



Fennel Seed Extract

Containing anethole, fenchone, methyl chavicol, etc.

Mechanisms of action:

- Increasing milk secretion
- Increasing prolactin levels
- Estrogenic properties
- Antioxidant

Supplement Facts

Ingredients	Amount per Serving	% Daily Value	Ingredients	Amount per serving	% Daily Value
Vitamin C	60 mg	66.67	Magnesium (as oxide)	20 mg	5
Vitamin E	30 IU	90	Iodine	0.15 mg	100
Vitamin D3	2500 IU	312.5	Iron (as sulfate)	18 mg	100
Vitamin B1 (as HCl)	4 mg	333	Copper (as gluconate)	1 mg	111
Vitamin B2	4 mg	308	Calcium (as carbonate)	500 mg	38
Vitamin B6 (as HCl)	5 mg	294	Manganese	2 mg	87
Vitamin B12	0.012 mg	500	Chromium	0.1 mg	286
Folic acid	0.8 mg	333	Vitamin K	0.08 mg	67
Selenium	0.07 mg	127.27	Fenugreek seed	300 mg	*
Zinc (as oxide)	15 mg	136.36	Fennel seed	100 mg	*
Niacin	20 mg	125	Pantothenic acid	10 mg	200
Biotin	0.3 mg	1000	Milk thistle seed	300 mg	*
Vitamin A (Beta-carotene)	4000 IU	133			

* Daily value not established.



We advise lactating women to take a daily multivitamin-mineral supplement.



سازمان آیین بازاریابی

Code : 81425



سازمان مرکز سلامت ایران

Code : 121649



References



Serving Size: 2 Tablets
60 Tablets per Container



Orchid Pharmed
Sky's the Limit



Arvand Pharmed